



Chow Hoon Ohana

1st annual seminar

All ages, ranks, and styles invited



April 30, 2011

9:30 – 4:30

980 Hilby Ave Seaside CA

City of Seaside's Oldemeyer Center

Sponsored by the City of Seaside

\$40 Non-Seaside City Resident, \$33 each additional family member
\$33 Seaside Residents, \$28 each additional family member
\$33 Active/Retired military & dependants, \$28 each additional family member

All proceeds will benefit a Chow Hoon Ohana scholarship fund which will assist Chow Hoon Ohana students with fees for Clinics, Seminars, Camps, and other outside events.

*Lunch will be provided please email if you have specific dietary needs

* Late Registration (Day of event) will start at 9:00 a m Credit Card or



Contact Elizabeth Desimone for more information

Danzanryu@att.net or (831)236-5553



Featured Instructors Include:

Grandmaster Arthur Gonzalez

Decuerdas Escrima

Professor James Muro

Goshin Jitsu

Professor Janice Okamoto

Small Circle Jujitsu

Professor Scott Merrill

Transitional Flow

Professor Rudy Aguilar

Kazushi (Nage) Techniques (Throwing Arts)

Professor Richard Bunch

Adaptation and Ground Work

Professor Aikemoto

Judo/Healing Arts

Professor Hans Ingebretsen

Escrima/Knife Fighting Drills

Professor Dale Kahoun

Dan Zan Ryu Jujitsu

Sensei Denise Gonzales

Basic Krav Maga/Knife Techniques

Sensei Carla Bunch

Dan Zan Ryu Jujitsu

Sensei Annette Kahoun

Dan Zan Ryu Jujitsu

Special Guest Pauline Chow Hoon

There will be a separate mat for kids under 13 years old.

Kid's instruction will include an anti-bullying seminar by Professor George Baldwin, instruction from Professor Scott Merrill, and various other instructors.

Registration can be done:

In Person

Oldemeyer Center

986 Hilby Avenue
Seaside CA

Pattullo Swim Center

1148 Wheeler St.
Seaside CA

By Mail

City of Seaside
Recreation Services Dept.
986 Hilby Avenue
Seaside, CA 93955

Late Registration

9:00 a.m. April 30

Credit Card or Check
ONLY

NO CASH